

Safety

Merit Badge Workbook

Merit badges are earned by doing: reading the pamphlet, practicing the skills, and showing your counselor what you have learned.
This workbook gives you a place to organize your notes and track your progress along the way.
Merit badge counselors may not require the use of this or any similar workbook.
You still must satisfy your counselor that you can demonstrate each skill and have learned the information.
Use the space under each requirement to note what you have done and what you want to talk about, not to write out full answers.
When a requirement says discuss, show, tell, explain, or demonstrate, that is what you must do.
No one may add to or subtract from the official requirements found on scouting.org (Guide to Advancement 7.0.4.8).
Scouting America last updated this badge's requirements page on December 31, 2025.
Requirements change from time to time. Double-check scouting.org before you start.

SCAN FOR MORE FREE WORKBOOKS
ScoutSmarts

Scout's name: _____ Unit: _____ Date started: _____

Counselor's name: _____ Phone no.: _____ Email: _____

Links marked "Scouting America resources" are the ones Scouting America shares on its official badge page.
This workbook is unofficial and not endorsed by Scouting America.

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1. Safety and Hazards. Do the following:

(a) Explain what safety is and what it means to be safe.

Scouting America resources: What is Safety? (video) · What Does Safety Mean to You? (video)

What safety is, and what it means to be safe

(b) Explain what hazards are and how people manage hazards to reduce risks of harm and to improve safety.

Scouting America resources: Hazard and Risk—What's the Difference? (video)

What hazards are

How people manage hazards to reduce risks of harm and improve safety

Requirement 1 completed on _____ counselor initials _____

2. Family and Home Safety. Do the following:

(a) Explain common causes of and prevention of home injuries.

Scouting America resources: Seven Common Home Injuries (website) · Home Accident Statistics (website)

Common home injuries

Common cause	How to prevent it

(b) Discuss the dangers involved with the use of fireworks.

Scouting America resources: Fireworks Safety (video) · Dangers of Fireworks (website)

Dangers of using fireworks

(c) Explain common causes of and prevention of home fires.

Scouting America resources: 5 Most Common Causes of House Fires (website)

Home fires

Common cause	How to prevent it

(d) Using the Home Safety Checklist in the Safety merit badge pamphlet, or one approved by your counselor, inspect your home or a similar building for hazards with an adult. Review your checklist and findings with your counselor.

Scouting America resources: Home Safety Checklist (PDF)

Building I inspected _____ Adult who helped _____ Date _____

Checklist I used _____

Hazards I found

Hazard	Where	What should be done

☐ Reviewed my checklist and findings with my counselor

(e) Develop a fire-escape plan for your home or for a similar building. Include in your drawings exit routes from each room and a meeting place outside. Conduct a fire-escape drill. Review your plan and your drill with your counselor.

Scouting America resources: Home Fire Escape Planning (website) · Demonstration of Safely Escaping a House Fire (video)

Drawing of my fire-escape plan, with exit routes from each room and a meeting place outside (draw here or attach)

Our meeting place outside _____ Fire-escape drill held on _____

How our drill went

☐ Reviewed my plan and my drill with my counselor

(f) Develop a family emergency action plan for evacuation because of weather or other natural disasters that occur in your area. Using a checklist in the Safety merit badge pamphlet or one approved by your counselor, assemble or inspect an emergency supplies kit. Explain to your counselor how a family would use the plan and the kit supplies in an emergency.

Scouting America resources: Checklist for a Family Emergency Evacuation Kit (PDF) · Wildfire Evacuation Planning (video) How to Shelter in Place (video) · Evacuation Planning (website)

Our family emergency action plan

Weather or natural disaster in my area	Our evacuation plan: where we would go, and how

Checklist I used _____ Kit assembled or inspected on _____

How a family would use the plan and the kit supplies in an emergency

Requirement 2 completed on _____ counselor initials _____

3. Safety from Crime. Do the following:

(a) Explain common types of crimes that can affect teens.

Scouting America resources: What Crimes Do Juveniles Commit the Most: Types and Trends (website) Risk Factors for Youth Violence and Victims (website)

Common types of crimes that can affect teens

Type of crime	How it can affect teens

(b) Using a Home Security Checklist in the Safety merit badge pamphlet or one approved by your counselor, inspect your home or a similar building for crime security measures with an adult. Review your checklist and findings with your counselor.

Scouting America resources: Home Security Checklist (PDF)

Building I inspected _____ Adult who helped _____ Date _____

Checklist I used _____

What my security inspection found

Security measure checked	What I found	What could be improved

☐ Reviewed my checklist and findings with my counselor

Requirement 3 completed on _____ counselor initials _____

4. Safety in Public Places. Explain each of the following to your counselor:

(a) How a person would safely exit from public buildings, a hotel, and a stadium in an emergency

Scouting America resources: How to Survive a Stampede (video) · How to Survive a Burning High Rise (video)

Place	How a person would safely exit in an emergency
Public buildings	
A hotel	
A stadium	

(b) How and why Scouts would take shelter at camp

Scouting America resources: Camp Emergency Planning (video) · Camp Evacuation Planning (website)

Taking shelter at camp	My notes
How	
Why	

(c) How should Scouts respond to an active shooter

Scouting America resources: How to Respond to an Active Shooter (video)

How Scouts should respond to an active shooter

(d) The meaning of this saying: "If You See Something, Say Something®"

Scouting America resources: If You See Something, Say Something® (video)

What this saying means

Requirement 4 completed on _____ counselor initials _____

5. Safeguarding Youth. Do the following:

(a) Discuss Scouting America's Safeguarding Youth guidelines that adults and Scouts must follow so that everyone is safe at Scouting activities.

Scouting America resources: Youth Protection Policies (video)

Safeguarding Youth guidelines that adults and Scouts follow

(b) Discuss with your counselor what situations and behaviors would prompt you to Recognize, Resist, and Report a possible abuse situation.

Scouting America resources: Personal Safety Awareness (website)

Step	Situations and behaviors to discuss with my counselor
Recognize	
Resist	
Report	

(c) Discuss how you, other Scouts, leaders, and anyone can report situations suspicious for abuse through the Scouts First Helpline and other means.

Scouting America resources: When Bullying Becomes Serious (website) · We Are All Mandatory Reporters (website)

Reporting through the Scouts First Helpline

Other ways to report

Requirement 5 completed on _____ counselor initials _____

6. Safety from Assault. Explain how to avoid or prevent:

(a) Assault on a street

Scouting America resources: Muggers Reveal How They Target Their Victims (video)

How to avoid or prevent assault on a street

(b) Assault at a restaurant event

How to avoid or prevent assault at a restaurant event

(c) Sexual assault at a party or on a date

How to avoid or prevent sexual assault at a party or on a date

Requirement 6 completed on _____ counselor initials _____

7. Online Safety. Discuss the following with your counselor:

(a) How to avoid being the victim of online crimes

Scouting America resources: Protect Your Personal Information From Hackers and Scammers (website)
Passkeys Explained in Under 4 Minutes (video)

How to avoid being the victim of online crimes

(b) Common online financial scams

Scouting America resources: Common Online Scams (video) · 10 Common Internet Scams (video)

Common online financial scams

Scam	How it works

(c) Effective online security

Scouting America resources: Effective Online Security (video)

Effective online security

(d) Identity theft and how to prevent it

Scouting America resources: Preventing Identity Theft (video)

Identity theft and how to prevent it

(e) How criminals use social media to target victims

Scouting America resources: Together We Can Stop Online Exploitation (video) · MyFriendToo (website)

How criminals use social media to target victims

(f) How bullying, texting, and sharing photos can become crimes

Scouting America resources: When Bullying Becomes a Crime (video) · Cyber-Bullying Facts—Top 10 Forms of Cyber Bullying (video)

Activity	How it can become a crime
Bullying	
Texting	
Sharing photos	

Requirement 7 completed on _____ counselor initials _____

8. Travel Safety. Explain guidelines for traveling safely:

(a) As a pedestrian in a city

Scouting America resources: Pedestrian Safety (video)

As a pedestrian in a city

(b) In a friend's car or truck

Scouting America resources: Passenger Responsibilities for Safety (website)

In a friend's car or truck

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(c) In a rideshare vehicle

Scouting America resources: Rideshare Safety Tips (website) · Ride-Sharing Safety (video)

In a rideshare vehicle

(d) On a bus

Scouting America resources: Riding a Bus Safely (video) · How to Ride a Bus Safely (video)

On a bus

(e) On a subway or train

Scouting America resources: How to Ride a Train Safely (video)

On a subway or train

(f) On a commercial airplane

Scouting America resources: Air Travel Do Not Do's (video)

On a commercial airplane

Requirement 8 completed on _____ counselor initials _____

9. Careers. Do ONE of the following:

☐ **(a)** Explore careers related to Safety merit badge. Research one career to learn about the training and education needed, costs, job prospects, salary, job duties, and career advancement. With permission of your parent or guardian, your research methods may include an internet or library search, an interview with a professional in the field, or a visit to a location where people in this career work. Discuss with your counselor both your findings and what about this profession might make it an interesting career.

Scouting America resources: Wondering How To Get Qualified To Work in Safety?! (video) · Building Safety Careers (video)

Career I researched _____ How I researched it _____

What I found out

Topic	What I found
Training and education needed	
Costs	
Job prospects	
Salary	

What I found out (continued)

Topic	What I found
Job duties	
Career advancement	

What might make this an interesting career

☐ **(b)** Explore how you could use knowledge and skills related to safety to pursue a hobby, lifestyle, or service as a volunteer. Research any training needed, expenses, and organizations that promote or support it. Discuss with your counselor what short-term and long-term goals you might have if you pursue this.

Scouting America resources: Volunteers in Mountain Rescue (video) · Safety Tips for Serving as Park Volunteer (video) Safety as a Passion (website)

My hobby, lifestyle, or volunteer service

What I found out

Topic	What I found
Training needed	
Expenses	
Organizations that promote or support it	

Goals	If I pursued this
Short-term goals	
Long-term goals	

Requirement 9 completed on counselor initials

Counselor sign-off

Your counselor signs your blue card or approves the badge in Scoutbook, and your unit records it. This line is for your own records.

Counselor's signature Date completed

Official Scouting America resources

Scouting America resources: Safety merit badge page (requirements and resources) · Safety merit badge pamphlet (free PDF) All merit badges

Made by Cole at ScoutSmarts.com, an Eagle Scout who loves helping Scouts.
Spot an error or a requirement change? Tell me at scoutsmarts.com/contact.
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