

Health Care Professions

Merit Badge Workbook

Merit badges are earned by doing: reading the pamphlet, practicing the skills, and showing your counselor what you have learned.
This workbook gives you a place to organize your notes and track your progress along the way.
Merit badge counselors may not require the use of this or any similar workbook.
You still must satisfy your counselor that you can demonstrate each skill and have learned the information.
Use the space under each requirement to note what you have done and what you want to talk about, not to write out full answers.
When a requirement says discuss, show, tell, explain, or demonstrate, that is what you must do.
No one may add to or subtract from the official requirements found on scouting.org (Guide to Advancement 7.0.4.8).
Scouting America last updated this badge's requirements page on September 26, 2025.
Requirements change from time to time. Double-check scouting.org before you start.

Scout's name: _____ Unit: _____ Date started: _____

Counselor's name: _____ Phone no.: _____ Email: _____

Links marked "Scouting America resources" are the ones Scouting America shares on its official badge page.
This workbook is unofficial and not endorsed by Scouting America.

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1. Select three of the professions from Group 1 listed below which interest you, then complete the following: Group 1: (1) Allopathic physician (MD)—all specialties (2) Osteopathic physician (DO)—all specialties (3) Podiatrist (DPM) (4) Chiropractor (DC) (5) Nurse Practitioner (NP) (6) Psychologist (PhD or PsyD) (7) Optometrist (OD) (8) Audiologist (AudD)

(a) Briefly describe to your counselor the roles these professionals play in the delivery of health care.

Scouting America resources: What Is an Allopathic Doctor (website) · Osteopathic Medicine (video) · What Is a Podiatrist (video) What Is Chiropractic (video) · What Is a Nurse Practitioner (video) · What Is Clinical Psychology? (video) · What Is an Optometrist (video) What Is an Audiologist? | The Hearing Doctor (video)

Profession I picked	The role they play in delivering health care

(b) Describe to your counselor the educational and licensing requirements for the professionals you selected.

Scouting America resources: M.D. vs. D.O. | Allopathic and Osteopathic Medical School Comparison (video) How To Become a Podiatrist? [What Is a Podiatrist? What Do They Do?] (video) · How Long Does It Take to Become a Chiropractor (video) How To Become a Nurse Practioner (video) · PhD vs PsyD | What's the Difference? (video) · How To Become an Optometrist (video) How To Become an Audiologist (video)

Profession	Education required	Licensing required

Requirement 1 completed on _____ counselor initials _____

2. Select three of the professions from Group 2 listed below which interest you, then complete the following: Group 2: (1) Physician Assistant (PA) (2) Registered Nurse (RN) (3) Certified Nurse Midwife (CNM) (4) Certified Nurse Assistant (CNA) (5) Licensed Practical Nurse (LPN/LVN) (6) Nurse Anesthetist (CRNA) (7) Pharmacist (PharmD) (8) Pharmacy Technician (9) Emergency Medical Technician (EMT)/Paramedic

(a) Briefly describe to your counselor the roles these professionals play in the delivery of health care.

Scouting America resources: What's a PA? (Physician Assistant) (video) · What Does a Registered Nurse Do? (video) What Is a Certified-Nurse Midwife? (video) · Everything You Need to Know About Being a CNA I Indeed Career Tips (video) What It's Like to Be a Licensed Vocational Nurse (video) · What Is a Nurse Anesthetist (CrMA) and What Do They Do? (video) What Does a Pharmacist Do? The Top Daily Tasks (video) · Pharmacy Technician a Guide to Pharmacy Tech Duties (video) Emergency Medical Technicians and Paramedics Careers (video)

Profession I picked	The role they play in delivering health care

(b) Describe to your counselor the educational and licensing requirements for the professionals you selected.

Scouting America resources: How To Become a Physician Assistant (Step-by-Step Guide) | Physician Assistant Explains (video) Registered Nurse (RN) Career Roadmap | Skills, Licensing & Salary (video) Becoming a Nurse Midwife: Time, Cost & Salary Breakdown (video) · CNA / Nurse Aide Class [What to Expect] (video) How To Become an LPN / LVN Nurse (video) · The Fastest Way To Become a CRMA! (video) · Steps To Becoming a Pharmacist (video) Pharmacy Tech Career: How To Get Started Fast! (video) · Becoming an EMT: What You Need To Know (video)

Profession	Education required	Licensing required

Requirement 2 completed on _____ counselor initials _____

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3. Select three of the professions from Group 3 listed below which interest you, then complete the following: Group 3: (1) Physical Therapist (DPT) (2) Occupational Therapist (OT) (3) Orthotist/Prosthetist (4) Medical Appliance Technician (5) Respiratory Therapist (RT) (6) Medical Assistant (7) Dietitian (RD) (8) Speech-Language Pathologist (Speech Therapist) (SLP)

(a) Briefly describe to your counselor the roles these professionals play in the delivery of health care.

Scouting America resources: Physical Therapists Careers (video) · Career Profile—Occupational Therapist (video) Orthotists and Prosthetists Careers (video) · Medical Appliance Technicians Career (video) Behind the Scenes: Respiratory Therapists (video) · What Is Medical Assisting? (video) · What Is a Dietitians Role? (video) What Does a Speech Language Pathologist Do? | Speech Fact Friday (video)

Profession I picked	The role they play in delivering health care

(b) Describe to your counselor the educational and licensing requirements for the professionals you selected.

Scouting America resources: How To Become a Physical Therapist (video) Everything You Need To Know About Occupational Therapist (video) · Prosthetic and Orthotic School Comparison (video) Become a Biomedical Equipment Technician (video) · How To Become a Respiratory Therapist (Step-by-Step) (video) How To Become a Medical Assistant (5 Steps To a New Career!) (video) Career: How To Become a Registered Dietitian Nutritionist (video) · How Do You Become a Speech-Language Pathologist (SLP)? (video)

Profession	Education required	Licensing required

Requirement 3 completed on _____ counselor initials _____

4. Select three of the professions from Group 4 listed below which interest you, then complete the following: Group 4: (1) Biomedical Engineer (BME) (2) Medical Technologist (3) Phlebotomist (4) Radiology Technologist (5) Sonographer (6) Medical Records Specialist (7) Cytopathologist (8) Histotechnologist

(a) Briefly describe to your counselor the roles these professionals play in the delivery of health care.

Scouting America resources: So You Want To Be a Biomedical Engineer (video) · What Does a Medical Technologist Do? (video) What Is Phlebotomy? (video) · Radiologic Technologists and Technicians Careers (video) · Sonography—A Sound Career Choice (video) Medical Records Specialists Career (video) · Consider a Career in Cytology (video) · Behind the Scenes: Histotechnologist (video)

Profession I picked	The role they play in delivering health care

(b) Describe to your counselor the educational and licensing requirements for the professionals you selected.

Scouting America resources: How To Become a Medical Technologist (website)
How To Become a Phlebotomist—From Phlebotomy Training To Certification (video)
How To Become a Radiologic Technologist | X-Ray Tech | Prerequisites | Radiology Program | Clinicals (video)
How To Become an Ultrasound Tech: Step-by-Step Guide (video) · How To Become a Medical Records Specialist (website)
What It Takes to Be a Histotechnician (website)

Profession	Education required	Licensing required

Requirement 4 completed on _____ counselor initials _____

5. Select one career from any of the lists in requirements 1, 2, 3, or 4 and arrange to visit that professional at their workplace. Discuss with your counselor the following:

Scouting America resources: The Informational Interview: Researching a Career (video)

Professional I visited _____ Their career _____ Date _____

Workplace _____

(a) Why did they choose their particular career?

Why they chose this career

(b) What do they most like about their job?

What they like most about their job

(c) What are their biggest challenges in doing their job?

Their biggest challenges

(d) Identify the tools/instruments that may be used in their jobs.

Tools and instruments used in their job

(e) What has been the most surprising aspect of their career?

The most surprising part of their career

(f) What continuing education requirements are required to maintain certification?

Continuing education needed to keep their certification

Requirement 5 completed on _____ counselor initials _____

6. Discuss with your counselor your understanding of the meaning of the Physician's Oath.

Scouting America resources: Hippocratic Oath / Physician's Creed (video)

What the Physician's Oath means to me

Requirement 6 completed on _____ counselor initials _____

7. Describe the role of confidentiality between a patient and the health care provider. What is HIPAA?

Scouting America resources: Privacy and Confidentiality (video) · What Is HIPAA? (video)

The role of confidentiality between a patient and a health care provider

What HIPAA is

Requirement 7 completed on _____ counselor initials _____

8. Identify a medical advancement or discovery that has been in the news recently. Discuss with your counselor how this can affect patient care.

Scouting America resources: Top Medical Breakthroughs of 2025 (video) · How AI Is Transforming Healthcare Across the Country (video) Cutting-Edge Medical Advances To Come in 2026 (video)

Advancement or discovery _____ Where I saw it _____

How it can affect patient care

Requirement 8 completed on _____ counselor initials _____

9. With your parent or guardian's and counselor's approval, serve as a volunteer at a health-related event or facility in your community (e.g., blood drive, health fair, blood pressure screening event). Report to your counselor what you did and learned from the experience.

☐ Parent or guardian approved

☐ Counselor approved

Event or facility _____ Date _____ Hours _____

What I did

What I learned from the experience

Requirement 9 completed on _____ counselor initials _____

Counselor sign-off

Your counselor signs your blue card or approves the badge in Scoutbook, and your unit records it. This line is for your own records.

Counselor's signature _____ Date completed _____

Official Scouting America resources

Scouting America resources: Health Care Professions merit badge page (requirements and resources)
Health Care Professions merit badge pamphlet (free PDF) · All merit badges

Made by Cole at ScoutSmarts.com, an Eagle Scout who loves helping Scouts.
Spot an error or a requirement change? Tell me at scoutsmarts.com/contact.
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